

Individual & Family Plans

Insured by Cigna Health and Life Insurance Company

NO COST-SHARE PREVENTIVE MEDICATIONS



by drug category

At Cigna, your health and well-being is most important, and we want you to be at your 100% best. It's good to take care of yourself. Getting the right preventive care services at the right time can help you stay healthy.

Health care reform requires coverage of specific preventive medications with no patient cost-sharing

The Patient Protection and Affordable Care Act (PPACA) requires that certain categories of drugs and other products be included in preventive care services coverage based on recommendations from the U.S. Preventive Services Task Force as well as the Institute of Medicine. These recommendations are meant to help prevent disease and meet women's unique health care needs, and are updated periodically to reflect new advances in science and medicine.

Preventive medication coverage

The following prescription medications (as well as certain over-the-counter medications) and products may be available to you with no cost-sharing (copay, coinsurance and/or deductible) depending on your plan. Visit

Cigna.com/ifp-drug-list for more information. Once you are a customer, you can review your policy or use the Prescription Drug Price Quote tool on myCigna.com to compare prices at local retail pharmacies and Cigna Home Delivery PharmacySM. If you have questions, you can **call customer service using the number on the back of your ID card, 24 hours a day, 365 days a year, and we'll be happy to help.**

Your healthcare professional

Talk with your health care professional about choosing the medication or product that's right for you. If your health care professional feels a certain contraceptive product (on this list) isn't medically appropriate for you, have your health care professional contact us to determine what other contraceptive products (not on this list) may be available with no cost-sharing. For preventive medications (including over-the-counter medications) or products to be covered, you'll need to get a prescription from your health care professional.



This list represents the medications that Cigna administered plans will cover with no cost-sharing due to PPACA requirements. Please note: this list is subject to change.

ASPIRIN PRODUCTS

Available to:

Males: 45 – 79 years

Females: 55 – 79 years

Adult Low Dose Aspirin
Adult Low Dose Aspirin EC
Ascriptin
Aspir 81
Aspirin
Aspirin Buffered
Aspirin EC
Aspir-Low
Aspir-Trin
Aspricin
Aspidrox
Bayer Aspirin
Bayer Chewable
Children's Aspirin
Children's Chewable Aspirin
Ecotrin
Ecpirin
Lite Coat Aspirin
Lo-Dose Aspirin EC
Low Dose Aspirin
Low Dose Aspirin EC
Miniprin
St. Joseph Aspirin
Tri-Buffered Aspirin
TX-Prin

BARRIER CONTRACEPTION

Available to females

Conceptrol Inserts
Conceptrol w/applicator
Encare
FC Female Condom
FC2 Female Condom
Femcap
Gynol II
Gynol II Extra Strength
Omniflex Diaphragm
Options Conceptrol Vaginal Contraceptive
Options Gynol II Vaginal Contraceptive
Orth-Gynol
Ortho Diaphragm All-Flex/65MM
Ortho Diaphragm All-Flex/70MM
Ortho Diaphragm All-Flex/75MM

Ortho Diaphragm All-Flex/80MM
Ortho Diaphragm Coil Spring Kit 100
Ortho Diaphragm Coil Spring Kit 105
Ortho Diaphragm Coil Spring Kit 50
Ortho Diaphragm Flat Spring Kit 55
Ortho Diaphragm Flat Spring Kit 60
Ortho Diaphragm Flat Spring Kit 65
Ortho Diaphragm Flat Spring Kit 70
Ortho Diaphragm Flat Spring Kit 75
Ortho Diaphragm Flat Spring Kit 80
Ortho Diaphragm Flat Spring Kit 85
Ortho Diaphragm Flat Spring Kit 90
Ortho Diaphragm Flat Spring Kit 95
Prentif Cavity-Rim Cervical Cap
Prentif Fitting Set
Shur-Seal
Today Sponge
VCF Vaginal Contraceptive Film
VCF Vaginal Contraceptive Foam
Wide-Seal Silicone Diaphragm Kit 60
Wide-Seal Silicone Diaphragm Kit 65
Wide-Seal Silicone Diaphragm Kit 70
Wide-Seal Silicone Diaphragm Kit 75
Wide-Seal Silicone Diaphragm Kit 80
Wide-Seal Silicone Diaphragm Kit 85
Wide-Seal Silicone Diaphragm Kit 90
Wide-Seal Silicone Diaphragm Kit 95

BREAST CANCER PREVENTION

Available to females

raloxifene
tamoxifen

EMERGENCY CONTRACEPTION

Available to females

Ella
My Way
Next Choice
Next Choice One Dose
Take Action

FALL PREVENTION/ VITAMIN D SUPPLEMENTATION

Available to adults 65 years of age and older

Bio-D-Mulsion
Bio-D-Mulsion Forte
Children's Replesta
Children's Vitamin D
D3 Dots
D3-50
Decara
Delta D3
Dialyte Vitamin D3 Max
Dialyvite Vitamin D
D-Vi-Sol
D-Vita
Just D
Kids Vitamin D3
Maximum D3
Replesta
Replesta NX
Thera-D
Vitamin D
Vitamin D3
Vitamin D-400

FOLIC ACID SUPPLEMENTATION

Available to females (only products containing from 0.4 mg-0.8 mg of folic acid are included)

Classic Prenatal
Daily Prenatal
Engran-HP
Folic Acid
KPN
Maxinate
Natalins
Natelle-EZ
One Daily Prenatal
P-D Natal Plus With Folic Acid
Prenatal
Prenatal Formula
Prenatal Multi + DHA
Prenatal OTC
Prenatal Vitamins
Preque 10
Right Step Prenatal Vitamins
Stuart Prenatal
Stuart Prenatal + DHA

HORMONAL CONTRACEPTION^{^*}

Available to females

Altavera
Alyacen 1/35
Alyacen 7/7/7
Amethia
Amethia Lo
Apri
Aranelle
Aubra
Aviane
Azurette
Balziva
Briellyn
Camila
Camrese
Camrese Lo
Caziant
Chateal
Cryselle-28
Cyclafem 1/35
Cyclafem 7/7/7
Dasetta 1/35
Dasetta 7/7/7
Daysee
desogestrel/ethinyl estradiol

drospirenone/ethinyl
estradiol
Elinest
Emoquette
Enpresse-28
Enskyce
Errin
Estarylla
Falmina
Gianvi
Gildagia
Gildess 1.5/30
Gildess 1/20
Gildess FE 1.5/30
Gildess FE 1/20
Heather
Introvale
Jencycla
Jolessa
Jolivette
Junel 1.5/30
Junel 1/20
Junel FE 1.5/30
Junel FE 1/20
Kariva
Kurvelo
Larin 1/20
Larin FE 1.5/30
Larin FE 1/20
Leena
Lessina
Levonest
levonorgestrel
levonorgestrel and ethinyl
estradiol
levonorgestrel/ethinyl
estradiol
Levora 0.15/30-28
Loryna
Low-Ogestrel
Lutera
Lyza

Marlissa
medroxyprogesterone acetate
150 MG/ML
Microgestin 1.5/30
Microgestin 1/20
Microgestin FE
Microgestin FE 1.5/30
Mono-Linyah
Mononessa
Myzilra
Necon 0.5/35-28
Necon 1/35
Necon 7/7/7
Nora-Be
norethindrone
norgestimate/ethinyl
estradiol
norgestrel/ethinyl estradiol
Nortrel 0.5/35 (28)
Nortrel 1/35
Nortrel 7/7/7
Ocella
Orsythia
Philith
Pimtrea
Pirmella 1/35
Pirmella 7/7/7
Portia-28
Previfem
Quasense
Reclipsen
Sprintec 28
Sronyx
Syeda
Tilia FE
Tri-Estarylla
Tri-Legest FE
Tri-Linyah
Trinessa
Tri-Previfem
Tri-Sprintec
Trivora-28

Velivet
Vestura
Viorele
Vyfemla
Wera
Wymzya FE
Xulane
Zarah
Zenchant
Zenchant FE
Zeosa
Zovia 1/35E
^ If your health care professional feels these medications are medically inappropriate, have them call us. Brands may be available with no cost-sharing to you.
** Generic hormonal contraceptives are available at no cost-sharing to you, even though they may not be listed here.*

PEDIATRIC IRON-CONTAINING PRODUCTS/FLUORIDE SUPPLEMENTATION

Available to males and females: six - 12 months
Children's Ferrous Sulfate
Children's Iron
Fer-In-Sol
Fer-Iron
Ferrous Sulfate
Flura Drops
Icar
Wee Care

PEDIATRIC MULTIVITAMINS
(containing fluoride and fluoride supplements)
Available to males and females: six months - six years
ADC w/Fluoride
Escavite
Escavite D
Fluorabon
Fluor-a-day
Fluoride
Fluoritab
Flura-drops
Ludent Fluoride
Multivitamins w-Fluoride-Iron
Multivitamins with Fluoride
MVC-Fluoride
Polytab
Poly-VI-Flor
Poly-VI-Flor with Iron
Polyvitamins with Fluoride
Quflora
Sodium Fluoride
TL-Fluourivite
Triple Vitamin w/Fluoride
Tri-VI-Flor
Tri-VI-Floro
Tri-vitamin with Fluoride
Tri-vite w/Fluoride
Tri-vite w/Fluoride Iron
Vitamins A,C,D & Fluoride



Medical insurance policies contain exclusions and limitations. To be eligible for coverage, a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill or purchase the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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