

Anthem

Mountain Enhanced Network

Lower-cost care is here

Access lower-cost care for you and your family

Coloradans are proud of their communities and they deserve a health plan that keeps them covered locally while keeping their costs down.

Our Mountain Enhanced Network (MEN) is a community-based network built around local doctors and hospitals, offering you and your family an affordable way to access healthcare near to where you live and work. Copies of Colorado network access plans are available on request from Member Services or can be obtained by going to anthem.com/co/networkaccess.

Your access to high-quality care

Our local network helps lower your healthcare costs in Colorado's mountain communities, while also providing you and your family more healthcare options close to home. Local doctors, facilities, and other healthcare professionals are available in nine counties and include:[1]

In Eagle and Summit counties:

- **Vail Health** and its associated doctors
- **CommonSpirit Summit Medical Center**, part of the **Colorado Health Neighborhood**
- **CommonSpirit St. Anthony Summit Hospital**

In La Plata, Montezuma, and Archuleta counties:

- **Animas Surgical Hospital** and its associated doctors
- **CommonSpirit Mercy Hospital** and its associated doctors, part of the **Colorado Health Neighborhood**
- **Southwest Memorial Hospital** and its associated doctors
- **Pagosa Mountain Hospital** and its associated doctors

In Mesa, Moffat, Rio Blanco, and Routt counties:

- **Community Hospital** and its associated doctors
- **Memorial Regional Health** and its associated doctors
- **UCHealth Yampa Valley Medical Center** and its associated doctors

Anthem Blue Cross and Blue Shield has been recognized as the top health plan in Colorado for customer experience.[6]

Our MEN plans offer:[2]

- A choice of high-quality doctors from our local networks.
- In-person and virtual care and support for your mental, emotional, and behavioral health needs through a national behavioral health care provider network twice as large as our competitors'.[3]
- Virtual care through our award-winning **Sydney® Health** app, including video visits or chats with a doctor 24/7, in English or Spanish, for common health concerns.[4,5]
- 24/7 NurseLine for toll-free phone access to speak with a registered nurse about a health concern or where to go for care.
- ConditionCare to help you manage ongoing health conditions, such as diabetes and asthma.
- $0-cost preventive care for services such as checkups and flu shots.
- Virtual PCP visits are covered in full through LiveHealth Online.

Frequently asked questions

Which communities are served by this network?

The MEN covers mountain communities in these Colorado counties: Archuleta, Eagle, La Plata, Mesa, Moffat, Montezuma, Rio Blanco, Routt, and Summit.

What makes MEN plans affordable?

To help keep healthcare costs down, we built our network by partnering with select, leading local doctors and hospitals that must meet our high standards and are committed to affordable care.

Why use in-network doctors and hospitals?

We have negotiated favorable rates with them. This helps protect you from the higher costs others may charge for similar care.

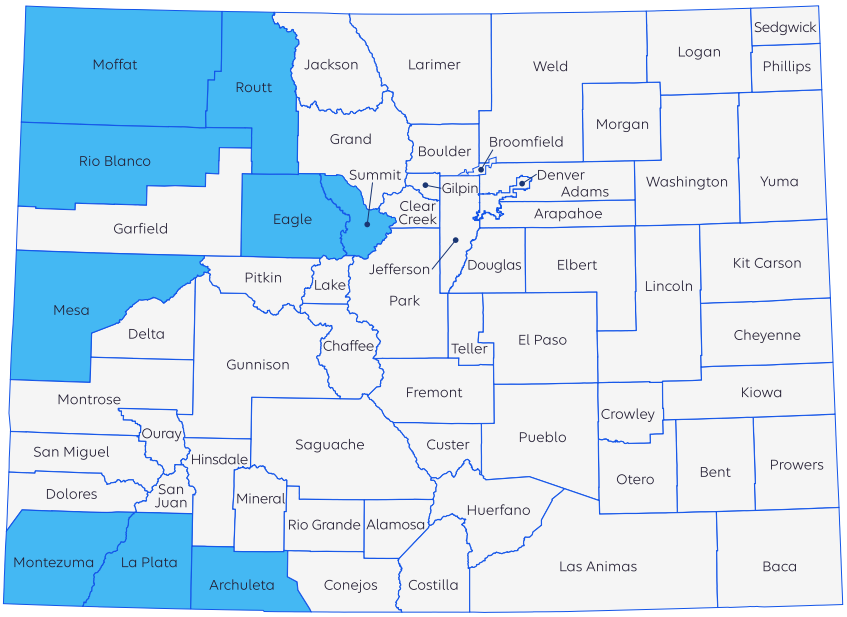
What if I need emergency care?

Our MEN plans cover emergency treatment wherever you and your covered dependents travel — even if it isn't in our network.

Does my coverage extend to my covered dependents attending school elsewhere?

Dependents attending school outside the MEN service area have emergency and urgent care coverage nationwide through the BlueCard program and internationally through the Blue Cross Blue Shield Global® Core program.

Healthcare coverage service area



Mountain Enhanced Network[7]

How to find a MEN primary care doctor or specialist

Go to anthem.com or download our Sydney Health app and log in to:

- Find a doctor, retail health clinic, urgent care center, or emergency room nearby.
- Schedule a virtual visit with a doctor.
- Compare costs of procedures.

We are here for you, Colorado

Anthem is proud to be part of our mountain communities, bringing the strength of a care network that has served our state since 1938. To learn more, contact Member Services at the number on the back of your health plan ID card.

1 If services are not available in the Mountain Enhanced Network/Mountain Enhanced Standard Network region (Archuleta, Eagle, La Plata, Mesa, Moffat, Montezuma, Rio Blanco, Routt, and Summit counties), Anthem will use the statewide HMO network for Mountain Enhanced/Mountain Enhanced Standard Network products. Please contact your primary care provider or Customer Service at the phone number on the back of your ID card to coordinate services outside of the Mountain Enhanced/Mountain Enhanced Standard Network geographic area.
2 State-mandated Colorado Option plans are available on the Mountain Enhanced Standard Network (service area applies).
3 Comparing Blue Cross Blue Shield Association 2022 network data versus same-period competitive data from Becker's Payer Issues: *The size of 5 payers' mental, behavioral provider networks* (December 12, 2022): beckerspayer.com.
4 2022 Digital Health Gold Award.
5 Appointments subject to availability.
6 Becker's Payer Issues (May 29, 2024): beckerspayer.com/payer/j-d-powers-top-ranked-health-plans-for-customer-experience-2024.html.
7 Includes Mountain Enhanced Standard and Pathway networks.

Standard (Colorado Option plan networks) and nonstandard networks are generally the same, but there may be some differences that are fluid as negotiations continue toward Colorado Option objectives. Refer to anthem.com, then *Find Care*, for participating facilities and professional care providers. If members need individual guidance, they can also call Member Services at the number on their ID card.

Sydney Health is offered through an arrangement with Carelon Digital Platforms, a separate company offering mobile application services on behalf of your health plan.

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